



United Way
Volunteer Center

Volunteer Opportunities in Pulaski County

*We make a living by what we get, but we
make a life by what we give.*

-Winston Churchill



United Way Volunteer Center

We know that many people want to get involved in their communities, but they don't know where to start. This directory will help you explore the many volunteer opportunities in our area. If you have questions or if you are looking for volunteer opportunities for groups, please call our office at 376-4567.

How are the agencies listed?

Agencies have been listed by their primary mission or primary volunteer need. Many agencies are listed more than once.

If I work all day, can I volunteer?

There are many volunteer opportunities for people who work all day. Agencies with evening and weekend volunteer opportunities are marked with an asterisk in the index.



How do I get more information on a specific program?

Call. Telephone numbers are provided for each agency in the directory. Please let them know you heard about them through the Volunteer Center.

What is the Volunteer Center?

The Volunteer Center is a clearinghouse that publicizes volunteer opportunities for approximately 190 agencies in Pulaski County. We also provide training, recognition, and technical assistance to volunteer programs.

Want more information?

Call the Volunteer Center 376-4567 or e-mail to www.heartaruw.org.

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Note: Each agency has been listed by its primary mission or primary volunteer need. Many agencies fit in several categories.

BASIC NEEDS

ARKANSAS FOODBANK NETWORK

8121 Distribution Dr., LR, 565-8121

Purpose: Provides food to churches, treatment centers, food pantries and soup kitchens.

Positions: Assist with and organize food drives, sort and distribute food, clerical. Minimum age: 13.

ARKANSAS RICE DEPOT

Corner of 65th and Scott Hamilton, LR, 565-8855

Purpose: Provides nutritious food to hungry Arkansans.

Positions: Work in warehouse, sort, clean and box donated food. Minimum age: 18.

ARKANSAS WOMEN OF ESSENCE

2103 Cloverdale Rd., Jacksonville, AR 993-0494

Purpose: Serve the State of Arkansas through charitable events to help needy citizens.

Positions: Volunteers are needed to help with special events in February and November. Minimum age 18.

BLACK COMMUNITY DEVELOPERS

4000 W. 13th St., LR, 379-1536

Purpose: Improves the quality of life for indigent people.

Positions: Fundraising, mentor/tutor in an after school program for 6-18 yr olds, assist with youth summer camps, public relations, computer skills, board members. Minimum age 21.

HEIFER PROJECT INTERNATIONAL (LITTLE ROCK)

#1 World Avenue, LR 907-2600

Purpose: Uses livestock and environmental training as catalyst for change, worldwide.

Positions: Make presentations about Heifer, staff exhibits and special events and general office duties. Minimum age: 17.

HELPING HAND OF GREATER LITTLE ROCK

1601 Marshall St., LR, 372-4388

Purpose: Help individuals meet basic human needs while assisting them towards independence.

Positions: Interview clients, work in the food pantry and thrift store, pick up food and other donated items. Minimum age: 11.

THE KING'S OUTREACH

2320 Kerr Station Rd, Cabot, AR, 501 843-9564

Purpose: To serve the poor and homeless by providing a network of agencies, housing, food and clothing to help them achieve self-sufficiency.

Positions: Volunteer Social Worker, case management. Volunteers for charity bingo, help in building, preparing, plumbing, electricity and roofing to get Bingo Room ready. Help with Thrift Shops in retail (clothing and furniture) and to serve in Prison Ministry.

OUR HOUSE

302 E. Roosevelt Rd, LR, 374-7383

Purpose: Provide clean, decent help for the homeless, including employment assistance and permanent housing opportunities.

Positions: Prepare and serve meals, literacy tutors, day care providers, clothing room and children's room organizers, computer instructors. Minimum age: high school.

POTLUCK

1400 Gregory St., NLR, 371-0303

Purpose: To reduce hunger and waste; collect and distribute nutritious, prepared, unserved food to charities which feed needy people.

Positions: Collect and distribute food, office duties, data entry. Minimum age: none.

RIVER CITY MINISTRY

1021 E. Washington Ave., NLR, 376-6694

Purpose: Meeting physical, emotional, and spiritual needs and build capacity for individuals and families.

Positions: All medical professions for free clinic Wednesday and Sunday afternoons, assistance with the clothing bus, job training, literacy tutors, counselors, facility maintenance, general office and receptionists, fund raisers, yard work. Minimum age: 16.

SALVATION ARMY

1111 W. Markham, LR, 374-9296; 1508 W. 18th NLR, 758-7297; 209 S. Oak, Jacksonville, 985-1331

Purpose: To provide emergency aid to local and transient people in need.

Positions: Serve dinner daily 4:30pm-5:30pm, help provide clothes and school supplies in August; help with the Christmas Angel Tree in November and December. Minimum age: 16.



STEW POT

800 Scott St., LR, 372-1804

Purpose: Provide free hot meals and healthcare.**Positions:** Cook and serve food, Monday- Friday from 12pm-1pm, and nurses to provide healthcare on Fridays from 12pm-1pm. Min. age: 14.**ST. FRANCIS HOUSE**

2701 S. Elm St., LR, 664-5036

Purpose: Provide material assistance to the disadvantaged and help them become self-reliant.**Positions:** Mentor / tutor youth and parents, child care aides, distribute food, sort clothing, receptionist, clerical duties, building maintenance, drive truck, medical personnel for free clinic on Tuesdays. Minimum age: 16.**WATERSHED**

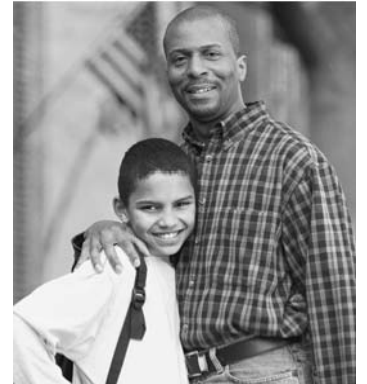
3701 Springer Blvd., LR, 378-0176

Purpose: Help people help themselves by providing food, jobs and shelter.**Positions:** Crisis intervention, job placement counseling, answer phones, assist clients, intake workers, and many more programs. Minimum age: varies.**TUTOR/MENTOR****ARKANSAS LITERACY COUNCILS, INC.**

4942 W. Markham, Suite 1, LR, 663-4321

Purpose: Support over 50 literacy councils statewide with the effort to recruit and train volunteers to help others improve their basic reading, writing, math and comprehension skills.**Positions:** Help with special events, office assistance, and tutors. Minimum age: 18.**BIG BROTHERS BIG SISTERS OF CENTRAL ARKANSAS**

312 W. Pershing Blvd., NLR, 374-6661

Purpose: Match adults with children and youth to make a positive difference in their lives.**Positions:** Mentor and befriend children in single-parent families. Special need for men and couples (Minimum age 19). Fundraising, group activities, in-house odd jobs, bowl-a-thon. School-based, youth mentor program available (Minimum age is 16). Sports Buddies program (Minimum age 19)**CYCLE BREAKERS**

401 W Markham, Room 410 340-3410

Purpose: To aggressively intervene in the lives of individuals at the appropriate time to stop the cycle of crime.**Positions:** Mentor and provide a positive influence to individuals who commit crimes. Minimum age: 21.**HERE'S LIFE INNER CITY**

1320 Schiller St., LR, 219-0219

Purpose: Help poor and under-privileged in the inner city.**Positions:** Tutor youth, mentor welfare to work mothers, or package food boxes, school supplies and homeless care kits at Easter and Christmas. Minimum age: 15.**INNER CITY FUTURENET**

1604 Wolfe St.; LR 370-9720

Purpose: Provides programs to the youth in the Centennial Park Neighborhood.**Positions:** Fundraising, office work, garden workers, tutors, arts and crafts, computer lab workers, recreation supervisors. Minimum age varies.**JEFFERSON STARS**

2600 N. McKinley, LR, 447-5000

Purpose: Reading-tutoring program for students at Thomas Jefferson Elementary School.**Positions:** Tutor young children once a week for 30-45 minutes. Minimum age: none**JUMP START TO EDUCATION**

8704 Oman Road, LR, 72209 568-2388

Purpose: Provide children from low income and single parent homes an opportunity to learn or enhance their reading and math skills.**Positions:** Tutoring for school age and reading aloud to preschool children to inspire them to read. Instructors to work with youth ages 12-16 in the computer lab. Minimum age 18.

LEARNING CENTER OF NORTH LITTLE ROCK

1900 N. Pine Street, NLR, 753-5858

Purpose: To decrease illiteracy among children and adults.

Positions: Help adult students who are 18 plus; tutor school age children grades K-5 Monday through Thursday afternoons. Minimum age: 18.

LITERACY ACTION OF CENTRAL ARKANSAS

100 Rock., Ste. 403 LR, 372-7323

Purpose: Teach basic reading and writing to adults using one to one tutoring.

Positions: Tutor English speaking or non-English speaking adults twice a week for 60-90 minutes. Training provided. Minimum age: 18.

LITTLE ROCK SCHOOL DISTRICT, HOMELESS EDUCATION PROGRAM

501 Sherman St, LR 447-2988

Purpose: Assist with enrollment, transportation, school supplies, etc., in order to promote the enrollment, attendance and success of homeless children and youth in the Little Rock School District.

Positions: Tutoring students, assist/chaperone field trips, mentoring, help with fundraisings, answer/screening of calls, and clerical duties.

LITTLE ROCK SCHOOL DISTRICT VOLUNTEERS IN PUBLIC SCHOOLS (VIPS)

501 Sherman St., LR, 447-4450

Purpose: Recruit, train and coordinate volunteers in the LR Public Schools.

Positions: Mentor and tutor students, support school offices, health rooms, libraries, and teachers. Minimum age: none.

NATIONAL ASSOCIATION OF INVESTORS CORP

Central Arkansas, 907-6242

Purpose: To educate those interested in the study of stock markets and investment clubs.

Positions: Financial and market education, data entry, public relations, and special event volunteers. Minimum age: 18.

**NORTH LITTLE ROCK SCHOOL DISTRICT
VOLUNTEERS IN PUBLIC SCHOOLS (VIPS)**

2700 Poplar Street, NLR, 771-8165

Purpose: Recruit, train and coordinate volunteers in the LR Public Schools.

Positions: Mentor and tutor students in the Encourager Program, Watch D.O.G.S. program needs volunteer male role models, or support school offices and teachers. Minimum age: none.

POSITIVE ATMOSPHERE REACHES KIDS (PARK)

6915 Geyer Springs Rd, LR, 562-5223

Purpose: An after school education and recreational service program for at-risk youth.

Positions: Tutor 8th -12th grade students from 4:45 pm - 7:00 pm. Choose from a variety of subjects, receptionists and office duties, and grounds keeping. Minimum age: 21.

**PULASKI COUNTY SPECIAL SCHOOL DISTRICT
PEOPLE ASSISTING LOCAL SCHOOLS (PALS)**

LR, 490-6201

Purpose: Provide assistance in the education of PCSSD students.

Positions: Tutors, mentors, health and classroom aides. Minimum age: none.

SCORE “Counselors to America’s Small Business”

2120 Riverfront Dr. Suite 250, LR, 324-7379 ext 302

Purpose: Provide entrepreneurial education for small businesses.

Positions: Tutor and mentor counselors to provide free, confidential counseling to help people start and operate a successful small business.

SHEPHERD'S RANCH

5905 Forest, LR, 372-5700

Purpose: Provide positive influence to children & youth through mentoring & summer camps.

Positions: Tutor and mentor teens, assist at weekend activities and summer camps, provide transportation. Minimum age: 20.



UALR CHILDREN INTERNATIONAL

2510 Fair Park, LR, 663-5541

Purpose: After-school and Saturday. Learning experiences for students.

Positions: Tutors, mentors, office assistance, artists, computer instructors. Doctors, nurses, dentists and dental hygienists needed for health and dental screenings. Minimum age: 16

See also:

Boys & Girls Club, Page 20

DHHS-Independent Living, page 19

Our House, Page 3

St. Francis House, page 4

Arc of Arkansas, Page 9

Center for Youth & Families, Page 19

Francis Allen School, page 10

Pulaski County Volunteer Probation Officer, page 6

Promise Land Ministries, Inc., page 12

LEGAL

COURT APPOINTED SPECIAL ADVOCATES (CASA)

3001 W. Roosevelt, LR, 340-6741

Purpose: Provide court advocates for abused and neglected children.

Positions: Court appointed special advocates for children in the Juvenile Justice System because of abuse or neglect. Minimum age: 21.

PROSECUTOR'S VOLUNTEERS FOR VICTIMS PROGRAM

122 S. Broadway, LR, 340-8000

Purpose: Provide support and information to people victimized by crime as they proceed through our court system.

Positions: Assist with filing criminal charges, help victims in courtrooms on trial days, hot check processing, office duties. Courtroom experience not necessary. Minimum age: 16.

PULASKI COUNTY VOLUNTEER PROBATION OFFICER PROGRAM

3001 W. Roosevelt, LR, 340-6676

Purpose: Volunteer as probation officers to minors who are under court jurisdiction.

Positions: Volunteer probation officer to supervise young offenders. Responsibilities include home visits, listening, mentoring and providing court reports. Minimum age: 21.

WOMEN'S PROJECT

2224 S. Main, LR, 372-5113

Purpose: Eliminate racism and sexism in the community.

Positions: Library, organize youth activities, bulk mailings, computer. Minimum age: none.



HEALTH EDUCATION

ALZHEIMER'S ARKANSAS PROGRAMS & SERVICES

10411 W. Markham, Ste 130, LR, 224-0021

Purpose: Support patients and their families and research.

Positions: Office help, public speakers, board committee. Minimum age: 18.

ALZHEIMER'S ASSOCIATION OF CENTRAL ARKANSAS

One St. Vincent Circle, Ste 230, LR, 265-0027

Purpose: To respond to the needs of the community.

Positions: Answer phones, file, help clients, mail information, special events. Minimum age: 18

AMERICAN CANCER SOCIETY

901 N. University, LR, 664-3480

Purpose: Support patients and their families, provide information.

Positions: Public education, fund raising, patient services, office duties. Minimum age none.

AMERICAN DIABETES ASSOCIATION

212 Natural Resources Drive, LR, 221-7444

Purpose: Cure and prevent diabetes, and to improve the lives of those affected by diabetes.

Positions: Assist with general clerical duties, prepare large mail outs, assist with special events, create publications and manage media relations, implement and support educational programs like diabetes youth camp, health fairs or diabetes Sunday. Minimum age: 12.

AMERICAN HEART ASSOCIATION

909 W. 2nd St., LR, 375-9148

Purpose: Provide prevention and wellness programs, CPR training and research.**Positions:** CPR instructors, general clerical assistance, blood pressure monitors, public speakers, boards, committees. Minimum age: none.**AMERICAN RED CROSS**

401 S. Monroe, LR, 748-1000

Purpose: Provide disaster relief, emergency help, CPR, first aid, swimming classes.**Positions:** Health and safety instructors, bookstore assistants, caseworkers, disaster team members, public speakers, office help. Ages vary, but minimum age: 13.**ARKANSAS AIDS FOUNDATION**

518 E. 9th St., LR, 376-6299

Purpose: Provide free AIDS testing and speakers' bureau and provide case management to persons who are HIV positive.**Positions:** Clerical, fundraisers, AIDS testing, counseling, answer phones, grant writing, special events, collecting food and becoming a buddy to a patient. Minimum age: 18.**ARKANSAS ARTHRITIS FOUNDATION**

6213 Father Tribou St., LR, 664-7242

Purpose: Provide health care to people with arthritis.**Positions:** Assist with following special events: Walk in May, Foam Fest in April, Golf Tournament in May and September, or Jingle Bell Run in December. Minimum age: 18.**ARKANSAS PROSTATE CANCER FOUNDATION**

910 N. Grant St., Suite 1-A, LR, 603-7433

Purpose: To raise the awareness of the high risk of prostate cancer, to facilitate early diagnosis, and to improve treatment.**Positions:** Volunteers to serve on various committees for annual Boys and Their Toys Dinner and Auction, Blue Ribbon Gala, Prostate Cancer Forum, Men's Health Fair, and Cruisin' for a Cure. Other opportunities include clerical support. Minimum age: 18.**ARKANSAS RESPIRATORY HEALTH ASSOCIATION**

211 Natural Resources Dr., LR, 224-5864

Purpose: Fight lung disease through research, education, prevention and advocacy.**Positions:** Fund raising, anti-smoking and asthma school presentations, mass mailings.

Minimum age: none.

ARORA (Arkansas Regional Organ Recovery Agency) 1100

N. University, Ste 200, LR, 907-9150

Purpose: Recover organs and tissues for transplant.**Positions:** Help educate the public by staffing displays, special projects. Special need for Spanish speakers and persons with personal experience with organ donation Minimum age: none.**FAMILY SERVICE AGENCY**

628 W. Broadway, Ste 300, NLR, 372-4242

Purpose: To build strong, caring communities by providing quality services that promote and enhance a healthy life.**Positions:** Assist with special events, fundraisers, general clerical duties. Minimum age: 18.**MARCH OF DIMES**

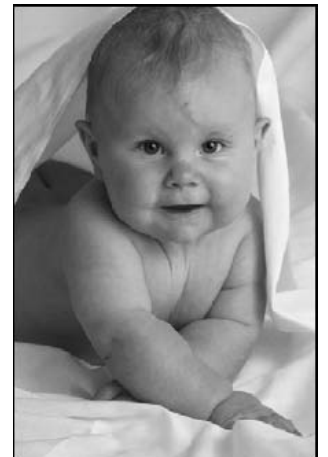
1501 N. Pierce St., Suite 106, LR, 663-3100.

Purpose: To improve the health of babies by preventing birth defects and infant mortality.**Positions:** Committees, fund raising, office help. Minimum age: 16.**MUSCULAR DYSTROPHY ASSOCIATION**

204 Executive Ct. St. 208, LR 227-7098

Purpose: Conquering neuromuscular diseases that affect more than a million Americans.**Positions:** Assist with fundraising events, answering phones, filing and creating fundraiser packages.

Minimum age 16



PLANNED PARENTHOOD

5512 W Markham, LR, 666-7526

Purpose: Provide reproductive health and family planning services, including prenatal care, anonymous HIV testing, and vasectomies.**Positions:** Fundraising, education, committee members, office duties, marketing, and community outreach. Minimum age: 15.**YWCA EncorePlus**

1200 Westpark Dr., LR, 663-8406

Purpose: Fight breast and cervical cancer through education, prevention **Positions:** Experienced van driver, accompany women to doctor or clinic, language translation, office help. Minimum age: 18**ANIMALS****CARE—CENTRAL ARKANSAS RESCUE EFFORT FOR ANIMALS, INC.**

PO Box 251156, Little Rock 603-2273

Purpose: Care is working to reduce the number of euthanized unwanted animals through aggressive rescue and spay/neuter programs.**Positions:** Show animals at CARE HQ/Gift Shop on Saturdays 10am-2:00pm Assist animals at monthly free spay/neuter clinics. Work special events such as golf tournament and 5K Run/ 1 Mile Walk. Caseworkers to screen adoption applicants and work with foster families. Foster homes to provide temporary home for rescued dogs and cats. Work in Gift Shop. Minimum age 18.**HEARTS AND HOOVES**

2308 Kellogg Acres Rd., Sherwood, AR 834-8509

Purpose: To provide therapeutic horseback riding for persons with disabilities.**Positions:** To work directly with horses and special needs riders, office support, lawn and farm maintenance, Fundraising, and special events. Minimum age: 14.**HEIFER PROJECT INTERNATIONAL RANCH (Perryville)**

55 Heifer Rd., Perryville, 1-501-889-5124

Purpose: Uses livestock and environmental training as catalyst for change, worldwide.**Positions:** Gift shop, receptionist, secretary, switchboard operator, help in the garden, around the grounds, or with the animals. Min. age: 18.**HUMANE SOCIETY OF PULASKI COUNTY**

14600 Colonel Glenn Rd., LR, 227-6166

Purpose: Provide shelter, medical help and homes for unwanted and abused animals.**Positions:** Groom, care for, transport, walk, feed animals, clean kennels, food drives, data entry, lawn work, foster care homes. Minimum age: 16 (younger with adult supervision).**LITTLE ROCK ZOO DOCENTS**

1 Jonesboro Dr., LR, 666-2406

Purpose: Educate the public about animals and their behavior.**Positions:** Volunteers with good communication skills and the ability to work with the public and with animals are needed. After attending extensive training, volunteers will assist the educational department with tours, educational programs and animal care. Minimum age: 19.**LAST CHANCE ARKANSAS**

3800 S. Arch St. Interstate Park, LR 821-8861 (Business number, leave a message)

Purpose: Find good homes for homeless animals at Little Rock Animal Services.**Positions:** Provide foster homes for rescued dogs; photographing animals in the animal shelter; bathing, walking and interacting with animals in the shelter; Assist with special adoption events.**ENVIRONMENTAL/OUTDOORS****ADOPT-A-STREET**

701 W. Markham, LR, 371-4808

Purpose: Clean the streets of the City of Little Rock.**Positions:** Groups or individuals can help clean up litter. Minimum age: none.

ARKANSAS 4-H CENTER

#1 4-H Way, LR (10 miles west of LR), 821-4444 or 821-6884

Purpose: Provide adventure based, hands-on opportunity for young people. **Positions:** Plan curriculum, develop projects, teach environmental education workshops, construct/maintain facilities, trail maintenance, canoeing, in-door climbing. Min. age: 18. Registered nurses needed during June and July.

ARKANSAS GAME & FISH COMMISSION

#2 Natural Resources Dr., LR, 223-6443 **Purpose:** Manage fish and wildlife resources and provide enjoyment to the public. **Positions:** Answer phones, greet and assist visitors, handle requests for information, office duties and schedule meeting rooms. Minimum age: none.

OAK FOREST COMMUNITY GARDEN

24207 Pleasant Grove Rd., Roland, 603-9544 or 663-6550

Purpose: Provide a place for neighborhood residents to grow their own vegetables. Youth Programs: a 4H Club, summer job program, beautification and environmental restoration efforts. **Positions:** Help organize workshops, tree planting, park clean up, renovating garden beds, and annual neighborhood garden party. Minimum age: none.

PARTNERS FOR PINNACLE, INC. 11901

Pinnacle Valley Rd., Roland, 868-5806

Purpose: To preserve and promote a natural environment and to enhance understanding and appreciation of the natural world. **Positions:** Trail guides, press assistant, build or inspect birdhouses, maintain the arboretum, make crafts, assist with Rendezvous (October), inventory bird and wildlife populations. Minimum age: 14.

PULASKI CO. REGIONAL SOLID WASTE MGMT DISTRICT

300 Spring, Ste. 200, LR, 340-8792

Purpose: Promote waste reduction, recycling and environmental education. **Positions:** Education, litter pick up, special collections, classroom presentations. Special events: Flower garden and show in Feb., Earth Day & Kite Festival in April, AR Recycles in Nov. Minimum age: 16.

DISABLED/EXCEPTIONAL YOUTH & ADULTS

AEDD

105 E. Roosevelt Rd., Little Rock, AR 72206 (501) 666-0246

Purpose: To provide optimum comprehensive services to developmentally disabled individuals in Arkansas.

Positions: Volunteers needed to work with adults and children with developmental disabilities. Housing, transportation, works with preschool, therapies, early intervention and nutrition.

ARC OF ARKANSAS

S. Main St., LR, 375-7770

Purpose: Support and advocate for people with developmental disabilities, provide employment and housing programs, recreational activities, performing arts institute.

Positions: Teach skills such as: arts, quilting, crafts, cooking, computers. Minimum age: none.

ARKANSAS DISABILITY COALITION

1123 S. University, Ste 225, LR, 614-7020

Purpose: Advocates for people with disabilities and provide parent support and information network.

Positions: Plan and work at conventions, present programs to schools, public relations, data entry. Minimum age: 16.

ARKANSAS INDEPENDENT LIVING COUNCIL

8500 W. Markham, Suite 215, LR, 372-0607

Purpose: Work to improve services to individuals with disabilities.

Positions: Data entry, research, assist in development of new programs, provide information and referral services. Minimum age: 18.

ARKANSAS SPECIAL OLYMPICS

2115 Main St., NLR, 771-0222

Purpose: Provide athletic competitions and training for special people.

Positions: Help organize sports trophy office and at competitions through the year, coaches to prepare participants for various ports. Minimum age: 16.

ARKANSAS SPINAL CORD COMMISSION

1501 N. University, Ste 470, LR, 296-1788

Purpose: Identify and meet needs of people with spinal cord disabilities.**Positions:** Repairs to donated wheelchairs, delivery, cataloging, respond to requests. Minimum age: 16.**CAMP ALDERSGATE**

2000 Aldersgate Rd., LR, 225-1444

Purpose: Provide traditional camping opportunities for disabled, sick and/or at risk children and senior citizens.**Positions:** Help during weekend camps and summer medical camps, counselors, party planners, clerical tutor, cook, driver, computer skills, groundskeepers and light maintenance. Minimum age: 14.**DHS-DIVISION OF SERVICES FOR THE BLIND**

700 Main St, LR, 682-5463

Purpose: Provide support and services to blind and visually impaired Arkansans.**Positions:** Assist legally blind individuals, transport and assist with shopping, make home visits to read mail, etc. Minimum age: 18.**DISABILITY RIGHTS CENTER**

1100 N. University, Ste. 201, LR 296-1775

Purpose: Protect the human, civil and legal rights of individuals with disabilities.**Positions:** Become Protection & Advocacy (PALS) for the AR Protection and Advocacy System. Minimum age: 18.**EASTER SEALS**

3920 Woodland Heights Rd, LR, 227-3700

Purpose: Provide services that enable children & adults with disabilities lead independent lives.**Positions:** Varies according to current need, help with preschool, camp, adult work activity, children's rehab center. Minimum age: 14.**FRANCIS ALLEN SCHOOL FOR EXCEPTIONAL CHILDREN**

824 N. Tyler, LR, 664-2961

Purpose: Provide education and day services for special needs children from birth to age five.**Positions:** Aid in pre-school enrichment programs (art, Music, P.E., gymnastics, story time) handyman, office work. Minimum age 18**GOVERNOR'S COMMISSION ON PEOPLE WITH DISABILITIES**

1616 Brookwood Dr, LR 296-1626

Purpose: Improve the quality of life and economic opportunities for Arkansans with disabilities.**Positions:** General office duties, fund raising, or direct contact with teens and adults with disabilities. Minimum age 18.**LEARNING DISABILITIES ASSOCIATION**

7509 Cantrell, Suite 103C, LR 666-8777

Purpose: Provide current information on learning disabilities.**Positions:** Fund raising, publish newsletter, data entry, bulk mailings, public relations, special event volunteers in October, Celebrating Disabilities in Spring, and Jr. Dept Club in the Fall. Minimum age 16.**LIBRARY FOR THE BLIND & PHYSICALLY HANDICAPPED**

1 Capitol Mall, LR, 682-2858

Purpose: Provide recorded and Braille books on free loan.**Positions:** Inspect and rewind cassette books, pull, shelve and check in/out books. Minimum age 14.**LIONS WORLD SERVICES FOR THE BLIND**

2811 Fair Park Blvd., LR 664-7100

Purpose: To assist visually impaired/blind persons with living dignified, independent lives.**Positions:** Drivers, recreation assistants on and off campus, read to clients, office duties. Minimum age 16.**MS. WHEELCHAIR ARKANSAS**

400 N. University, LR 412-3303

Purpose: To promote women with disabilities.**Positions:** Need board members and assistance with hosting and working at the Ms. Wheelchair Pageant once a year.**PATHFINDER (PULASKI COUNTY SPECIAL SCHOOL DISTRICT SCHOOL-BASED SERVICES) 2411**

W. Main, Jacksonville, 944-6123

Purpose: Assist children with disabilities to integrate in public schools.**Positions:** Mentor and tutor students at Fuller Middle Sylvan Hills Middle, Jacksonville Middle Schools. Min. age 18.

UNITED CEREBRAL PALSY

9720 N. Rodney Parham, LR, 224-6067

Purpose: To advance and enhance the independence of people with disabilities.**Positions:** Assist with special trips for clients, teach clients living skills (cooking, cleaning, laundry), and therapists with rehabilitation. Minimum age 16.**ST. LUKE'S RESPITE CARE CENTER**

4106 JFK Blvd., NLR, 753-4281

Purpose: To provide safe and interactive care center for disabled adults and allow their caretakers a short break.**Positions:** Help provide direct client services, assist in kitchen, and fund raising. Thursdays only from 10am-2pm. Minimum age none.**MISCELLANEOUS****AARP FOUNDATION TAX AIDE**

Toll Free 1-877-434-7598

Purpose: To provide free federal and state tax return preparation services for low and middle income persons between February and April 15 of each year.**Positions:** Volunteers needed to learn federal and state laws in order to assist with tax preparation. Training is provided. Minimum age 18.**AEROSPACE EDUCATION CENTER**

3301 E. Roosevelt, LR 376-4232 Ext. 222

Purpose: Promote awareness of aviation history and advancing technologies.**Positions:** Gift shop, office work, summer camp assistants. Minimum age 14.**ARKANSAS COMMUNITY FOUNDATION**

1400 W. Markham, Ste 206, LR 372-1116

Purpose: Charitable funds collection and distribution.**Positions:** Clerical, office duties, assemble handbooks and client folders. Minimum age 18.**ARKANSAS EXTENSION HOMEMAKER COUNCIL**

2301 S. University, LR, 340-6650

Purpose: Provides continuing education, leadership development, community service to improve quality of life.**Positions:** Members participate in organizational events and program resources. Minimum age 18.**ARKANSAS 4-H, STATE OFFICE**

2301 S. University, LR, 671-2059

Purpose: Provide adventure based, hands-on opportunity for young people.**Positions:** Develop programs and conferences, clerical, computer newsletter, instructors, recreational assistants, fundraisers, promoters. Minimum age 16.**BIRTHRIGHT**

804 N. University, Little Rock, AR 664-0097

Purpose: Offer women alternatives to abortion and aid her in becoming a self directed person.**Positions:** Telephone counselors, garage sales, fundraising, speakers bureau. Minimum age 18.**DRESS FOR SUCCESS**

21 Lakeshore Drive, LR 72204 562-4571 (boutique-call on Saturdays)

Purpose: Help low-income women make a tailored transition into the workforce.**Positions:** Personal shoppers, public speakers, fund raisers, mend/sew garments, clerical assistance, volunteer coordination, clothes sorting. Minimum age: 18.**FAMILIES ARE SPECIAL**

2200 Main St, NLR, 758-9184

Purpose: Assist Arkansas families to adopt waiting children.**Positions:** Write news releases, newsletters, mail-outs, special events, information seminars, office work, research, fundraisers. Minimum age: 13.

FAMILY LIFE (A Div. of Campus Crusade for Christ)

5800 Ranch Drive, LR, 228-2579

Purpose: Teach biblical principals about marriage and family through conferences, radio, and printed material.**Positions:** General office duties, data entry, and volunteer recruitment. Minimum age: 16.**FRIENDS OF THE CENTRAL ARKANSAS LIBRARY**

100 Rock St., LR, 918-3033

Purpose: Support and promote the Central Arkansas Library System.**Positions:** Library Store, semi-annual book sale and book sale related activities, office help. Minimum age: 18.**FRIENDSHIP COMMUNITY CARE, INC.**

920 University, LR 800-461-1793

Purpose: Committed to improving the quality of life of the individuals we serve. Deliver the highest quality care and most cost-effective services in Arkansas.**Positions:** Numerous types of volunteer opportunities depending on the need of the group and the agencies needs at the time. Call for more information.**HABITAT FOR HUMANITY**

3805 W. 12th, LR, 376-4434

Purpose: Build houses and eliminate substandard houses in Pulaski County.**Positions:** Answer phones, office work, construction help, construction support, family selection and nurturing, community relations/resources, volunteer coordination, secure food donations for volunteers. Minimum age: 14.**LITTLE ROCK NATIONAL AIRPORT**

1 Airport Dr., LR, 372-3439

Purpose: To offer expanded services and information to LRNA visitors in effort to offer an exemplar airport experience.**Positions:** Serve on Airport Angels Squadron, offering customer service to LRNA guests. Minimum age: 18.**NAMI ARKANSAS (NATIONAL ALLIANCE FOR THE MENTIALLY ILL)**

701 W. 3rd St., Suite 200, LR, 661-1548

Purpose: To provide support, education & advocacy to persons with mental illness and their families.**Positions:** Clerical/administrative duties, volunteer coordination, fundraising, support group leaders for peers and family members, assist with conferences, workshops & special events. Minimum age: 18.

Befriend cancer patients. Minimum age: 15.

PROMISELAND MINISTRIES, INC.

8923 Sunset Lane, LR, 570-0048

Purpose: To help socio-economically disadvantaged families in SWLR area by offering services to enhance their lives.**Positions:** Administrative/clerical duties, tutors/mentors, public speakers, teacher aids, chaperones, fund raisers, event planners. Minimum age: none.**RACIAL AND CULTURAL DIVERSITY COMMISSION**

500 W. Markham, LR, 244-5483

Purpose: General commission support, WorldFest.**Positions:** Community connection, fund raising, special events, office help, WorldFest in fall. Minimum age: none.**RIVERFEST**

Riverfront Park on Memorial Day weekend, LR, 255-3378

Purpose: To provide an outdoor festival for the visual and performing arts with proceeds benefiting the City.**Positions:** Variety of shifts and positions available for individuals and groups (of all sizes). Minimum age: 14.**SECOND GENESIS MINISTRIES**

503 N. Pine LR, 666-6831

Purpose: Provide a transitional home for women paroled from prison.**Positions:** General clerical duties, mentors to assist women in productively re-entering society, fundraising, computer training, grant writing, computer research, field trips, maintenance and yard work, and much more. Minimum age: 18.**SHERMAN PARK COMMUNITY DEVELOPMENT**

1201 E. 4th, 372-4050

Purpose: Provide community development through creation of homeownership and personal development of neighborhood residents.**Positions:** Tutor/mentors for after school program, help with real estate issues and grant writing. Minimum age: 16.

VOLUNTEER CENTER (HEART OF ARKANSAS UNITED WAY) 516 W. Pershing Blvd., NLR, 376-4567

Purpose: Clearinghouse for volunteer opportunities in Pulaski County.

Positions: Assist with all aspects of special events and general clerical duties. Minimum age: 14.

HEALTH CARE SERVICES

AMERICAN RED CROSS, BLOOD SERVICES

401 S. Monroe, LR, 748-4435

Purpose: Provide safe storage and distribution of blood and blood products.

Positions: Reception, registration, driver, canteen server, clerical, phone recruiter, customer service. Minimum age is 14.

ARKANSAS CHILDREN'S HOSPITAL

800 Marshall Street, LR, 364-1825

Purpose: Provide health services to children.

Positions: Available in 65 areas including child life development, medical library, waiting rooms, clinics, clerical, gift shop, nursing units, auxiliary. Minimum age: 14.

ARKANSAS HEART HOSPITAL

1701 S. Shackelford, LR, 219-7305

Purpose: Cardiac hospital that specializes in diagnosis and treatment of cardiovascular disease.

Positions: Assist with inventory, gift shop, deliver mail and flowers, office work. There is a special position for people who have experienced heart surgery. Minimum age: 16.

ARKANSAS HOSPICE

5600 W. 12th, LR, 748-3303

Purpose: Provide assistance/education to staff, patients and their families.

Positions: Assist in direct patient services, at the resale store, general office duties, special events. Minimum age: varies.

ARKANSAS STATE HOSPITAL

4313 W. Markham, LR, 686-9013

Purpose: Treatment center for mentally ill citizens of Arkansas.

Positions: Recreation therapy assistants, clerical help, peer counselors, psychological/social work interns, recreational monitors, self-enhancers, beauticians/barbers, garden clubs, special events, singers, storytellers. Minimum age: 18.

BAPTIST HOSPICE

11900 Colonel Glenn Rd, Suite 2300, LR, 202-7474

Purpose: Support system to meet the needs of hospice patients and their families.

Positions: Visit patients, run errands or provide relief for family members. Min. age: 18.

BAPTIST MEDICAL CENTER & REHABILITATION INSTITUTE

9601 I-630, Exit 7, LR, 202-2192

Purpose: Provide healthcare.

Positions: Patient services, information desk, office settings, print shop, Minimum age: 14.

BAPTIST MEMORIAL MEDICAL CENTER

3333 Springhill Dr., NLR, 202-3050

Purpose: Provide healthcare.

Positions: Radiology, surgery, pre-admission testing, heart station, ICU/CCU, information desk, admissions, central supply, health resource center. Teens, grades 9-12, can join the TASK Force (Teens Adding Servant Kindness) and volunteer after school, summer and weekends. Minimum age: none.

CARTI (CENTRAL ARKANSAS RADIATION THERAPY INSTITUTE)

Corner University and Markham, LR, 660-7612

Purpose: Treat cancer patients with radiation therapy.

Positions: Hosts or hostesses to visit with patients, bulk mailings, special events, clerical positions. Minimum age: 14.



CHENAL HEALTHCARE

3115 Bowman Rd., LR, 228-4848

Purpose: Residential and transitional (sub-acute) care facility.**Positions:** Coordinate resident activities, play games, visit, play piano during meals or church services. Minimum age: 14.**HEARTS AND HOOVES**

2308 Kellogg Acres Rd., Sherwood, 834-8509

Purpose: To provide therapeutic horseback riding for persons with disabilities.**Positions:** Work directly with horses and special needs riders, office support, lawn & farm maintenance, fundraising, and special events. Minimum age: 14.**HOSPICE HOME CARE**

1501 N. University, LR, 666-9697

Purpose: Provide support to terminally ill persons and their families.**Positions:** Patient companion, receptionist, caregiver relief, office work, special events, thrift shop, grief support and kids activities. Min. age: 18.**KALEIDOSCOPE KIDS**

1501 N. University Ave., Ste. 680 LR, 978-5437

Purpose: Meets unique needs and sensitive issues that surround the care of children with life threatening illness and the support of children who are grieving the loss of a loved one.**Positions:** Fundraising and special events., clerical duties, Kids Club, patient care, Kids Can Cope volunteers, volunteers to help run Angels in the Attic thrift store. Minimum age: 16.**LITTLE ROCK HEALTHCARE AND REHAB. CENTER**

5720 W. Markham, LR, 664-6200

Purpose: Rehabilitate individuals to improve their quality of life.**Positions:** Assist with music, crafts, games, pet therapy, adopt a floor/grandparent. Minimum age varies.**ODYSSEY HEALTHCARE, INC.**

11701 I-30, Ste 200, LR, 407-9127

Purpose: Provide services to terminally ill patients and their families and/or caregivers.**Positions:** Provide companionship and respite care for patients and family members, music therapy, reading, correspondence, spiritual support, office, public relations, quilting, knitting, etc. Minimum age: 18.**RONALD MCDONALD HOUSE**

1009 Wolfe St., LR, 374-1956

Purpose: Offer lodging to families with seriously ill hospitalized children.**Positions:** Greet people in person and on phone, take referrals, help with mailings, visit residents, prepare meals, do lawn work, drive guests to local shopping areas, data entry, help with housekeeping. Minimum age: 16**SOUTHWEST REGIONAL MEDICAL CENTER**

11401 I-30, LR, 455-7100

Purpose: Provide healthcare.**Positions:** Greet and escort patients and guests, gift shop, deliver papers and flowers to patients, office duties. Minimum age: 14.**ST. VINCENT COMMUNITY CLINIC FOR THE UNINSURED**

2 St. Vincent Circle, LR 552-3243

Purpose: Provide health-related and social needs to Little Rock, North Little Rock and surrounding communities.**Positions:** Nurses, doctors and pharmacists. Minimum age none.**ST. VINCENT HEALTH SYSTEM**

(Infirmary) 2 St. Vincent Circle, LR, 552-3551: (NLR) 2201 Wildwood, Sherwood, 552-7121

Purpose: Provide volunteer support to the hospital staff and the patients we serv**Positions:** Assist patients and employees in over 65 areas through the health system. Minimum age: 14.

VETERANS ADMINISTRATION MEDICAL CENTER (CENTRAL ARKANSAS)

2200 Ft. Roots Dr., NLR and 4300 W 7th, LR, 257-1000

Purpose: Provide health care to veterans.

Positions: Grant writing, administrative assistance, escort program, nursing service, silver spoons program, library service, etc. Minimum age: 14 in Little Rock, 13 in North Little Rock.

VISITING NURSES ASSOCIATION

2 St. Vincent Circle, LR, 664-4933

Purpose: Provide health and hospice services to people in home.

Positions: Provide transport and shopping for homebound patients, small home repairs. Teens can do office work, assemble food baskets. Minimum age: none.

WESTSIDE FREE MEDICAL CLINIC

2000 Aldersgate (Camp Aldersgate), LR, 664-0340

Purpose: Provide basic health screening and limited pharmacy Wednesday evenings and a Hispanic Clinic day the last Tuesday of each month.

Positions: Receptionists, pharmacists, physicians, nurses, bilingual persons (Spanish). Job specific experience required.

DOMESTIC VIOLENCE/CRIME

ARKANSAS COALITION AGAINST DOMESTIC VIOLENCE

1401 W. Capitol, Ste 170, LR, 907-5612

Purpose: Eliminate violence against women.

Positions: Education, advocacy, fund raising, community organizing. Minimum age: 18.

DORCAS HOUSE

LR, 374-4022

Purpose: Shelter for homeless and abused women and children.

Positions: Mentor women and children, assist with fundraisers, and organize clothing and food drives. Minimum age: 18.

SAFE PLACES

2607 Lehigh Drive, LR 374-7233

Purpose: Provide services for children exposed to violence, trauma counseling for individuals and families; support groups for victims, family and friends; criminal justice advocacy; community education on violence prevention; specialized training for faith communities; spiritual care; referral services and information.

Positions: Volunteer advocates, prevention group facilitators, bilingual advocates, general office help, court watch, help on boards or committees, fundraising, and mentoring youth.

SEXUAL ASSAULT CENTER (Family Service Agency)

628 W. Broadway, NLR, 801-2700

Purpose: Provide crisis intervention and advocacy for male, female, adult, child.

Positions: Victim / survivor advocates, crisis line advocates, office work. Minimum age: 21.

WOMEN AND CHILDREN FIRST

LR, 376-3219

Purpose: Provide shelter and support services to battered women and their children.

Positions: Answer crisis calls from home, assist women in obtaining Orders of Protection, or Children's Program, public speaking and special events, gift wrapping booth at Christmas. Minimum age: 21.



GOVERNMENT OFFICES

ARKANSAS PUBLIC POLICY PANEL

1308 W. 2nd St., LR, 376-7913

Purpose: Help grassroots groups organize and get involved in political process.

Positions: Help with research, fund raising, database. Minimum age: none.

ARKANSAS STATE POLICE

1 State Police Plaza Drive, LR, 618-8235

Purpose: To protect and serve the general public of the State of Arkansas.

Positions: Help with fingerprinting, answering phones, act as investigative support techs, data entry, assist in file rooms, shredding documents, data entry, filing, and internship opportunities. Minimum age: 18.

DHS-DIVISION OF VOLUNTEERISM

7th & Main, LR, 682-7540

Purpose: To promote volunteerism.

Positions: Volunteer office assistants needed to support staff. Volunteer Library Technical Assistant needed as well to assist in processing library documents and materials, maintaining files and records. Minimum age: 12.

NLR MAYOR'S OFFICE OF VOLUNTEER INFORMATION

3427 Magnolia Street, NLR, 791-8516 **Purpose:** The City supports and encourages the spirit of volunteer service in city government.

Positions: Vacancies range from routine clerical to highly skilled technical tasks. Minimum age: 16

SENIORS

CARELINK MEALS-ON-WHEELS

706 W. 4th, NLR, 372-5300

Purpose: Serving Pulaski, Faulkner, Saline, Prairie, Monroe and Lonoke Counties. To provide services that help mature adults live as independently as possible.

Positions: Deliver meals to elderly during lunch, fund raising, special events, maintenance and repair. Minimum age: 18.

CARELINK SENIOR COMPANIONS

706 W. 4th, NLR, 372-5300

Purpose: Provide services that help mature adults live as independently as possible.

Positions: Needs volunteers age 60 and over who want to help older people with companionship, light housekeeping, and other daily activities.

DHS-DIVISION OF AGING & ADULT SERVICES

7th & Main, LR, 682-2441

Purpose: Focal point for matters concerning Arkansans, adult protective services unit.

Positions: Office assistant. Minimum age: 18.

JACKSONVILLE SENIOR CENTER

100 Victory Circle, Jacksonville, 982-7531

Purpose: Provide mature adults with home delivered and on-site meals, socialization, transportation, arts and crafts, chore service.

Positions: Volunteer coordination, clerical and reception, teach crafts, deliver meals, weekly dances, special events, office duties. Minimum age: varies.

**LIFE QUEST OF ARKANSAS**

600 Pleasant Valley Dr., LR, 225-6073

Purpose: To provide senior citizens with home delivered meals, transportation, minor home repair, as well as educational opportunities.

Positions: Meal delivery, medical appointment transportation, and minor home repair. Minimum age: 21.

MAUMELLE SENIOR SERVICES

501 Millwood Cr., Ste. A, Maumelle, 851-4344

Purpose: To provide essential services through inter-faith volunteer care recipients, to enhance their quality of life by assisting with minimal daily tasks ensuring their independence.

Positions: Clerical work, instructors, deliver Meal-on-Wheels, help serve and clean up after lunch, provide transportation, home repairs and other help. Minimum age 50.

OUTLOOK POINTE AT MAUMELLE

100 Bringler Rd., Maumelle, 851-0400

Purpose: To provide warm, caring, safe home for senior citizens.

Positions: Weekend receptionists/greeters, assist with recreation activities, teach computer skills, help at arts and cultural events, socialization. Minimum age: 18.

OUTLOOK POINTE AT SHERWOOD

9880 Brockington Rd., Sherwood, 835-6000

Purpose: Provide supportive living environment for senior adults.

Positions: Recreation, crafts, games, socialization, visitors, drivers, clerical. Minimum age 18.

RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP) 1920 Main Street, NLR, 604-4527

Purpose: To recruit, train and place senior volunteers with other agencies.

Positions: Volunteer placement at 60+ non profits for people 55 and over, examples: clerical, office duties, data entry, telephone work.

SENIOR CITIZENS ACTIVITIES TODAY (SCAT)

LR, NLR, 374-0123

Purpose: Provide social, recreational and health related activities to the elderly.

Positions: Distribute commodities to the elderly at Paris, Powell or Cumberland Towers, holiday gift wrapping booth. Minimum age: 18.

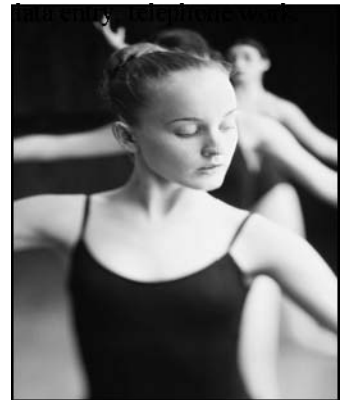
ARTS/MUSEUMS

ARKANSAS ARTS CENTER

9th & Commerce, LR, 396-0351

Purpose: Create, stimulate, perform and provide visual and performing arts.

Positions: Greeters, Museum Shop, assist with evening member receptions, answer phones, conduct tours. Minimum age: 15.

**ARKANSAS FESTIVAL BALLET INC.**

10301 N. Rodney Parham, LR, 227-5320

Purpose: To present, promote and enhance dance forms in the state of Arkansas.

Positions: Fundraising, special events, production assistants, backstage assistants, costume design, ad sales, boutique sales and corporate recruitment. Minimum age: 18.

ARKANSAS HISTORIC PRESERVATION PROGRAM

323 Center St., LR, 324-9880

Purpose: Identify and protect Arkansas' historic resources.

Positions: Consolidate and arrange historical files/materials, update library. Minimum age: none.

ARKANSAS REPERTORY THEATRE

601 Main, LR, 378-0445

Purpose: Entertain and challenge audiences, forum for artists, educational outreach.

Positions: Photographer, poster distributor, artwork assistant, special events, mail outs. Minimum age: 16 (12 w/ parent.)

HISTORIC ARKANSAS MUSEUM

200 E. Third Street, LR, 324-9351

Purpose: To communicate history of Arkansas through education and enjoyment.

Positions: Museum store, storytelling, dip candles, help with collections Pioneer Log House program, special events, research and archival work. Minimum age: 14.

**HISTORIC PRESERVATION ALLIANCE**

910 W. 2nd, Suite 210, LR, 372-4757

Purpose: Promote and advocate the preservation of Arkansas' unique cultural heritage.

Positions: Present slide shows, photo archivist, office duties, special events. Minimum age: none.

JACKSONVILLE MUSEUM OF MILITARY HISTORY

100 Veterans Circle, Jacksonville 241-1943

Purpose: To foster an appreciation that the freedoms we enjoy are not to be taken for granted.

Positions: Front desk greeter, retail gift shop and cataloging artifacts. Minimum age 18.

MUSEUM OF DISCOVERY

500 E. Markham, LR, 396-7050

Purpose: Engage people in a discovery of the sciences, social sciences and technology.

Positions: Weekday gallery assistant, program presenter, help visitors make crafts, special events and exhibits through the year. Min. age: 14.

OLD STATE HOUSE MUSEUM

300 W. Markham, LR, 324-9685

Purpose: Present exhibits, provide programs, and offer learning opportunities in the humanities.**Positions:** Help in the reference library, docents, fund raising, exhibits, collections. Minimum age: 15.**SUBSTANCE ABUSE****ARKANSANS FOR DRUG FREE YOUTH**

4942 W Markham, Ste3, LR, 375-1338

Purpose: Educate community in the development of healthy drug free youth.**Positions:** Help with exhibits, special events, mailings and answering phones. Help with Red Ribbon campaign is needed in October. Minimum age: 10.**ARKANSAS CARES**

5821 Charles Bussey, LR, 661-7979

Purpose: Provide services to mothers recovering from alcohol and drug addiction.**Positions:** Handyman/maintenance, general clerical, work with children of women with substance abuse problems in a day care setting. Training and a TB test is provided. Minimum age: 18.**RECOVERY CENTERS OF ARKANSAS**

1201 River Rd., NLR, 372-4611

Purpose: Provides outpatient and residential chemical dependency treatment.**Positions:** Office/administrative help, phones, aerobic instruction, small repair work, gardening and painting, lead recovery meetings. Minimum age: 21.**STEP-UP SUPPORT CENTER**

9010 Hilaro Springs Rd., LR, 565-1333

Purpose: Bring an end to substance abuse and related problems.**Positions:** Tutor youth Monday through Friday until after school to 6pm in a variety of subjects, clerical, teach arts and crafts. Minimum age: 18.**YOUTH****AMIGOS**

700 S. Main, LR, 682-7849

Purpose: To support and enhance the lives and academic skills of minority language students.**Positions:** Mentor a child that speaks no or little English, Spanish speakers or those with an interest in a multicultural relationship are encouraged to inquire. Minimum age: varies.**BOY SCOUTS OF AMERICA, QUAWPAW AREA COUNCIL**

3220 Cantrell Rd., LR, 664-4780

Purpose: Provide programs for youth and promote character development.**Positions:** Scoutmasters, Cub Masters, Den Leaders, fundraisers, committee members. Minimum age: 18.**CENTERS FOR YOUTH AND FAMILIES**

5905 Forest Place, LR, 666-9436

Purpose: Provide education, prevention, intervention, and treatment to promote emotional, social wellness.**Positions:** Tutor, mentor, supervise activities, share special talent (arts and crafts, aerobics, etc.), fund raising, clerical. Minimum age: 21.**CITY YEAR**

610 President Clinton Ave., 3rd Floor, LR 72201 707-1400

Purpose: Unite young people of all backgrounds, ages 17-24, for a demanding year of community service and leadership development.**Positions:** Lead teams of youth in camps and assist with physical service projects.**CRADLE CARE FOOD PROGRAM, INC.**

1002 W. 11th Street, Little Rock, AR 72202 372-7857

Purpose: To build a foundation of hope, by empowering people; to stop the under-tow of poverty with a curriculum; of training, tutoring and mentoring thru the Cradle Care programs and transportation.**Positions:** Volunteers are needed to serve as Board Members, Assist with Public Relations and Fundraising.

DHS-INDEPENDENT LIVING PROGRAM

1105 MLK Dr.,LR, 682-9340

Purpose: To educate and prepare youth living in foster homes for independent living.

Positions: Assist youth with projects and provide supervision and transportation. Minimum age: 21.

FIRST TEE OF ARKANSAS

First Tee Way (South University), LR, 562-4653

Purpose: To expose children to nine core values through the game of golf.

Positions: Teaching assistants for golf and life skills, clerk for pro shop, general administrative help. Minimum age: 14.

GIRL SCOUTS OF OUACHITA COUNCIL

515 W. 29th, NLR, 758-1020

Purpose: Inspire girls to become happy and resourceful citizens.

Positions: Office, some computer, troop leaders, assistant leaders, interest group instructors, camp assistants, sponsors, program developers, committee members. Minimum age: 18.

JUNIOR ACHIEVEMENT

1501 N. University, Suite 670, LR, 280-9118

Purpose: Deliver economic and business education to school children.

Positions: Classroom volunteers are needed to present educational programs (i.e.. Creating a resume, balancing a checkbook, workforce readiness) in grades K-12 at public and private schools, office duties. Minimum age: 18.

MAKE-A-WISH FOUNDATION

2228 Cottdale Ln, LR, 376-9474

Purpose: Insure that wishes are granted to children who are battling life-threatening illnesses.

Positions: Wish grantors work directly with the children. Minimum age: 21. Fund raising, special events, and administrative assistants. Minimum age: 18.

MOTHERS OF PRESCHOOLERS (MOPS)

1051 Hogan Lane, Conway 327-3444

Purpose: To nurture mothers of preschoolers, as well as provide quality childcare in a Christian environment.

Positions: Teachers and aides needed third Thursday evening of each month September through May to care for pre-school age children. Minimum age: 16.

OUR CLUB

201 South Broadway, Suite 220, LR, 340-8250

Purpose: To build and coordinate comprehensive prevention and support systems in at-risk neighborhoods and communities.

Positions: Special events, fundraisers, instructors (dance, arts and crafts, music, foreign language), youth supervisors, homework assistants, tutors (math, science), group mentors, male roll models. Many sites available through out Pulaski County. Minimum age: 17.

PRISON FELLOWSHIP'S ANGEL TREE CHRISTMAS

Various areas of the state, 1-888-405-3954

Purpose: To provide a joyful Christmas to children whose parents are incarcerated and to the children grow in their faith, strengthen the parent/child relationship and fulfill God's purposes for their lives.

Positions: Area coordinators to ensure that all children in a designated area are served; Church recruiters, to present the Angel Tree program to area churches and encourage their participation and a state-wide coordinator, to organize area coordinators, oversee the assignment of Angel Tree children and provide PF staff with updates and feedback throughout the Angel Tree Season. Minimum age 18.

YOUTH HOME

20400 Colonel Glenn, LR, 821-5500

Purpose: Help emotionally troubled youth and families by providing mental health services.

Positions: Thrift shop, hair stylist, computer programmer and other technical skills needed, plan monthly/annual events, speakers bureau, wrap or pickup and deliver gifts. Minimum age: 14.

RECREATIONAL/SPORTS

BOYS AND GIRLS CLUBS OF CENTRAL ARKANSAS (JACKSONVILLE)

1 Boys Club Dr., Jacksonville, 982-4316

Purpose: To provide constructive activities in arts, education, recreation and sports for youth.

Positions: Coaches for various sports, tutors, arts and crafts instructors, teach leadership skills. Minimum age: 16.

BOYS AND GIRLS CLUBS OF CENTRAL ARKANSAS (LITTLE ROCK)

(Penick Unit) 1201 Leisure Place, 666-9486; (Mitchell Unit) 3107 W. Capitol, 666-9486; (Thrasher Unit) 3301 S. State St., 376-2988, (Whetstone Unit) 46 Harrow Dr., 562-4082.

Purpose: Provide leisure time, educational, social, recreation and physical activities to youth.

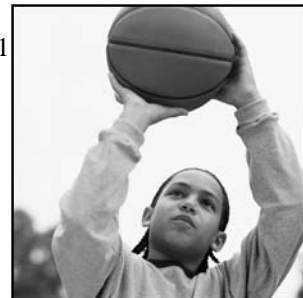
Positions: Mentor, tutor, game room supervisor, arts and crafts assistants, receptionist. Minimum age: 13.

BOYS AND GIRLS CLUBS OF CENTRAL ARKANSAS (NORTH LITTLE ROCK)

(Wetherington Unit) 1212 N. Maple, 374-0309, (Hamilton Unit) 600 N. Palm, 945-3162, (Rose City-PAL Unit), 400 Rose Lane, 907-5387.

Purpose: Provide leisure time, educational, social, recreation and physical activities to youth.

Positions: Tutors to provide one-to-one assistance in reading, math, and other basic skills to elementary students. Coach youth in various sports. Minimum age: 14.



YMCA

6101 JFK Blvd. NLR, AR 758-3170

Purpose: Help people reach their God-given potential in spirit, mind and body.

Positions: Coach youth sports.

YWCA (BESS C. STEPHENS)

1200 S. Cleveland, LR, 664-4268

Purpose: Provide social, athletic and recreational fun for families.

Positions: Receptionist, secretary, bookkeeping assistant. Minimum age: 21.

TELEVISION/RADIO

ARKANSAS EDUCATIONAL TELECOMMUNICATIONS NETWORK (AETN)

350 S. Donaghey Ave., Conway, 682-2386

Purpose: Provide educational programming and services.

Positions: Answer phones, greeters and hosts during membership campaigns, operate a camera and other technical equipment, clerical. Minimum age: 16.



SEVEN ON YOUR SIDE

401 Main St. LR, 324-7789

Purpose: To assist Arkansas in solving their consumer related problems.

Positions: Answer helpline and refer callers to appropriate agencies, open Mon-Thurs, 10am-12pm. No minimum age.

UALR PUBLIC RADIO

2801 S. University, LR, 569-8485

Purpose: Stimulate listeners intellectually and emotionally, serve the community.

Positions: Phone bank, clerical volunteer coord., special events, fundraisers in April and October. Minimum age: 16

There is a wonderful mythical law of nature that the three things we crave most in life—happiness, freedom, and peace of mind – are always attained by giving them to someone else.

--Peyton Conway March

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NOTES

Volunteer to Make A Difference!

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Contact the Volunteer Center if you have questions, or for an application to add a local nonprofit to this directory.

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