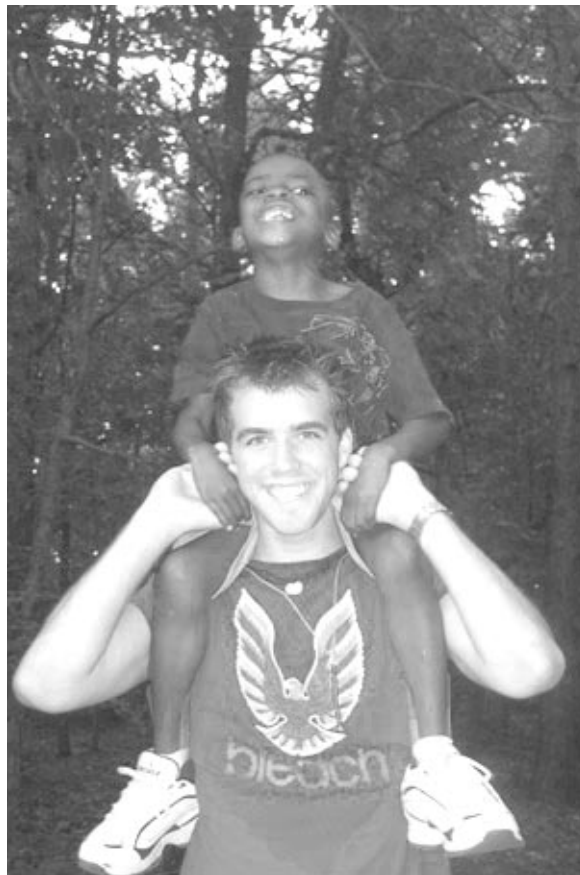


VOLUNTEER OPPORTUNITIES FOR YOUTH

A service of the United Way Volunteer Center



2012

Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others.

- Danny Thomas

Getting Started

Want to get involved but don't know where to start? This booklet lists volunteer opportunities for youth under age 18. Read through the booklet and choose a few agencies that interest you. Telephone numbers are provided for each agency and you can call the agency(ies) you're interested in. Please let them know you heard about them through the Volunteer Center.

How is the booklet set up?

Agencies are listed by their minimum age requirements. There is an index in the back of the booklet that lists all the featured agencies. If you want to look up a particular agency that you already know about, look in the index to find the page number containing the agency.

If I'm in school all day can I still volunteer?

Students volunteer all the time. Many agencies have volunteer opportunities after school hours and on the weekends.

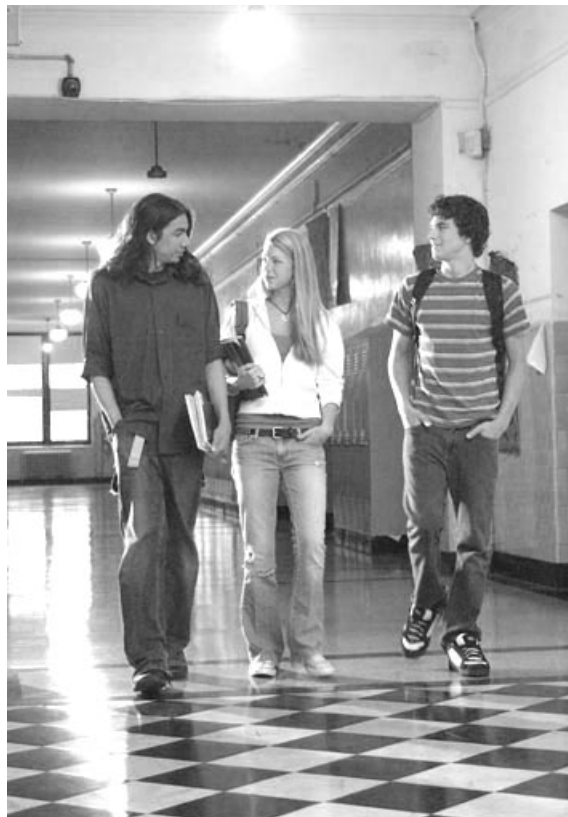
What is the Volunteer Center?

The Volunteer Center is a clearinghouse that publicizes volunteer opportunities for approximately 200 agencies in Pulaski County. We also provide training, recognition, and technical assistance to volunteer programs.

EXAMPLE LISTING	
Agency Name	Phone
↓	↙
Camp Aldersgate	225-1444
2000 Aldersgate Rd., LR	
Purpose: To provide traditional camping opportunities for disabled and/or at-risk children and senior citizens.	
Positions: Help during weekend camps and summer medical camps, clerical, tutor, cook, driver, computer skills.	
↖	↘
Minimum age: 14	
What the agency does and who they help	How you can help

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“Unless someone like you cares a whole awful lot, nothing is going to get better” Dr. Seuss

NO MINIMUM AGE

AMERICAN CANCER SOCIETY

901 N. University, LR, 664-3480 (1-800-227-2345)

Purpose: To support patients and their families, provide information.

Positions: Public education, fund raising, patient services, office duties.

AMERICAN DIABETES ASSOCIATION

212 Natural Resources Drive, LR, 221-7444 x6054

Purpose: To cure and prevent diabetes and improve the lives of those affected by diabetes.

Positions: General office assistance, help with mail outs, help with special events.

AMERICAN HEART ASSOCIATION

909 W. 2nd St., LR, 375-9148

Purpose: To provide prevention and wellness programs, CPR training and research.

Positions: CPR Instruction, blood pressure monitors, public speakers, and committees. Special event volunteers needed for the Heart Ball in February, the Heart Walk in April/May, and golf tournament in June.

AMERICAN LUNG ASSOCIATION

211 Natural Resources Dr., LR, 224-5864 x102

Purpose: To fight lung disease through research, education, prevention and advocacy.

Positions: Education presentations, help with mailings and fund raising events.

ARC OF ARKANSAS

14913 Cooper Orbit Rd., LR, 225-6890 x204

Purpose: To recover organs and tissues from transplant.

Positions: Assist with community and hospital health fairs and offer clerical assistance.

ARKANSAS GAME & FISH COMMISSION

2 Natural Resources, LR, 223-6443

Purpose: To manage fish and wildlife resources of Arkansas, while providing maximum enjoyment for the public.

Positions: Answer phones, greet and assist visitors, help with office duties, and help provide information.

ARKANSAS HISTORIC PRESERVATION PROGRAM

323 Center St., LR, 324-9880

Purpose: To identify and protect Arkansas' historic resources through state programs.

Positions: Updating historic preservation library, special events, arranging files and archival materials.

ARKANSAS REGIONAL ORGAN RECOVERY AGENCY (ARORA)

1100 N. University, Ste 200, LR 907-9150

Purpose: To recover organs and tissues from transplant.

Positions: Assist with community and hospital health fairs and offer clerical assistance.

JACKSONVILLE SENIOR CENTER

100 Victory Circle, Jacksonville, 982-7531

Purpose: To provide mature adults with home delivered and on-site meals, socialization, arts and crafts, chore service.

Positions: Assist with teaching crafts, weekly dances, special events, office duties.

LITTLE ROCK HEALTHCARE AND REHABILITATION CENTER

5720 W. Markham LR, 664-6200

Purpose: Rehabilitate individuals to improve their quality of life.

Positions: Assist with music, crafts, games, pet therapy, adopt-a-floor, or adopt-a-grandparent. Minimum age varies.

OUR HOUSE

Several locations, LR, 374-7383

Purpose: To provide clean, decent help for the homeless, including employment assistance and permanent housing opportunities.

Positions: Day care providers, clothing room and children's room organizers.

POTLUCK

1400 Gregory St., NLR, 371-0303

Purpose: To bridge the gap between excess food and the hungry.

Positions: Office duties, food collection and distribution.

RACIAL & CULTURAL DIVERSITY COMMISSION

500 W. Markham, LR, 244-5483

Purpose: General commission support and WorldFest (held each fall).

Positions: Help plan, set-up, tear down, and man booths at WorldFest, fund raising, special events, community connects, general office support.

VISITING NURSES ASSOCIATION

2 St. Vincent Circle, LR, 664-4933

Purpose: To provide health and hospice services to people in their homes.

Postions: Office help, assemble food baskets, and rake leaves in the fall.

WATERSHED HUMAN & COMMUNITY DEVELOPMENT AGENCY

3701 Confederate Blvd., LR, 378-0176

Purpose: To provide comprehensive social services to the community in order to promote self-sufficiency.

Positions: Tutors, mentors, clerical help, teacher aides and special projects & programs, and help serving holiday dinners. (Minimum age varies).

WOMEN'S PROJECT

2224 Main Street, LR, 372-5113

Purpose: To eliminate racism and sexism through community outreach and education.

Positions: Help with bulk mailings, clerical duties, and special events and community projects.

“Those who bring sunshine to the lives of others cannot keep it from themselves.” - Sir James Barrie

Minimum Age 10-12

ARKANSAS FOODBANK NETWORK

8121 Distribution, LR, 565-8121

Purpose: To provide food to churches, treatment centers, food pantries and soup kitchens.

Positions: Sort food, stock shelves, sort clothing and healthcare products, and clerical help. Groups welcome. Minimum age: 13.

ARKANSANS FOR DRUG FREE YOUTH

4942 W. Markham, Ste 3, LR, 375-1338

Purpose: To educate the community in the development of healthy drug free youth.

Positions: Help with exhibits, special events, mailings and answering phones, help with Red Ribbon campaign as needed in October. Minimum age: 10.

HEARTS AND HOOVES

2308 Kellogg Road, Sherwood, 834-8509

Purpose: To provide therapeutic horseback riding for persons with disabilities.

Positions: Work with horses: grooming and leading, special needs riders, lawn and farm maintenance, and special events. Minimum age: 12 (Barn Buddies only)

HELPING HAND OF GREATER LITTLE ROCK

1601 Marshall St., LR, 372-4388

Purpose: To help individuals meet basic human needs while assisting them towards independence.

Positions: Work in the food pantry and thrift store. Minimum age: 11

Minimum Age 13-15

AEROSPACE EDUCATION CENTER

3301 E. Roosevelt, LR, 376-4232 (ext 222)

Purpose: To promote awareness of aviation history and advancing technologies.

Positions: Gift shop, weekend special events, office work, and summer camp assistants. Minimum age: 14

AMERICAN RED CROSS

401 S. Monroe, LR, 748-1080

Purpose: To provide disaster relief, emergency help, CPR, first aid, swimming classes.

Positions: Join one of these groups: Junior Red Cross Club, Teen Disaster Action Team, Jr. FAST (First Aid Station Team), Community Disaster Education Team, or help in the office. Minimum age: 13.

“It is by spending oneself that one becomes rich”

- Sara Bernhardt

AMERICAN RED CROSS, BLOOD SERVICES

401 S. Monroe, LR, 614-4435

Purpose: To provide safe storage and distribution of blood and blood products.

Positions: Answer phones, help donors register, serve cookies and juice, and clerical help. Minimum age: 14.

ARKANSAS ARTS CENTER

9th and Commerce, LR, 396-0351

Purpose: To create, stimulate, perform and provide visual and performing arts.

Positions: Greeters, museum shop, answer phones, assist in conducting tours and with member receptions in the evenings. Minimum age: 15

ARKANSAS CHILDREN'S HOSPITAL

800 Marshall St., LR, 364-1825

Purpose: To provide health services to children.

Positions: Available in 65 areas, including child life development, medical library, waiting rooms, clerical, gift shop, Minimum age: 14.



ARKANSAS HOSPICE

5600 W. 12th, LR, 72204, 748-3303

Purpose: To provide assistance/education to staff, patients, and their families.

Postitions: Music therapy, patient care, education, resale shop, special events, and office work. Minimum age: 13

BAPTIST MEDICAL CENTER

9601 I-630 Exit 7, LR, 202-2192

3333 Springhill Dr, NLR, 202-3333

Purpose: Provide healthcare.

Positions: Join the TASK FORCE (Teens Adding Servant Kindness) and work with nursing units, information desk, help in the office, the print shop and much more. Minimum age: 14.

CAMP ALDERSGATE

200 Aldersgate Rd., LR, 225-1444

Purpose: To provide traditional camping opportunities for disabled and/or at-risk children and senior citizens.

Positions: Help during weekend camps and summer medical camps, clerical, tutor, cook, driver, computer skills. Minimum age: 14.

CARTI (CENTRAL ARKANSAS RADIATION THERAPY INSTITUTE)

5801 Markham, LR 660-7612

Purpose: To treat cancer patients with radiation therapy.

Positions: Hosts or hostesses to visit with and serve coffee to cancer patients, clerical positions, or assist with special events; Festival of Trees in December or American Girl in October. Minimum age: 14.

CHENAL HEALTHCARE

3115 Bowman Rd., LR, 228-4848

Purpose: A residential and transitional care facility.

Positions: Spend time with and assist with resident activities, play games, visit, play piano. Minimum age: 14.

EASTER SEALS

3920 Woodland Heights Rd, LR, 227-3700

Purpose: To provide services that enable children and adults with disabilities to lead independent lives.

Positions: Varies according to current need: summer camp, activities center, and after school program help needed. Minimum age: 14

FAMILY'S ARE SPECIAL

2200 Main St, NLR 758-9184

Purpose: Assist Arkansas families to adopt waiting children.

Positions: Write news releases, newsletters, mail-outs, special events, information seminars, office work, research, fundraisers. Minimum age 13

FIRST TEE OF ARKANSAS

#1 First Tee Way (behind Landers on Universtiy), LR, 562-4653

Purpose: To teach children nine core values through golf.

Positions: Assist in the pro shop, on the golf course, or offer office help. Minimum age: 14

HABITAT FOR HUMANITY

3805 West 12th , LR, 379-1555

Purpose: To build houses and eliminate substandard houses in Pulaski County.

Positions: Answer phones, office work, help with construction, construction support. Minimum age: 14

HERE'S LIFE INNER CITY

1320 Schiller Street, LR, 219-0219

Purpose: To help poor and under-privileged in the inner city.

Positions: Tutor youth, package and distribute food kits in December and March, and package and distribute school kits in August and September. Minimum age: 15

HISTORIC ARKANSAS MUSEUM

200 E. Third St., LR, 324-9351

Purpose: To communicate history of Arkansas through education and enjoyment.

Positions: Gift shop, Pioneer Log House program, and weekend events. Minimum age: 14

LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

1 Capitol Mall, LR, 682-2858

Purpose: To provide recorded and braille books on free loan.

Positions: Inspect and rewind cassette books, pull, shelve and check in/out books. Minimum age: 14

LITTLE ROCK BOYS & GIRLS CLUBS

Penick: 1201 Leisure Place, 666-8816; Mitchell: 3107 W. Capitol 666-9486; Thrasher: 3301 S. State St., 376-2988

Purpose: To provide leisure time, educational, social, recreational and physical activities to youth.

Positions: Mentor, tutor, arts and crafts assistants, and receptionist. Minimum age: 13



“Somewhere out there is a unique place for you to help others, a unique life role for you to fill that only you can fill.”

-Thomas Kinkade

LITTLE ROCK ZOO EXPLORERS

1 Jonesboro Drive, LR, 666-2406 x 120

Purpose: To allow youth to explore job opportunities in the animal management field.

Positions: Work with zoo keepers and learn skills to work in a zoo, grounds maintenance, assist in cleaning animals and their enclosures, and helping feed animals. Minimum age: 14

MUSEUM OF DISCOVERY

500 E. Markham, LR, 396-7050 (ext 119)

Purpose: To engage people in a discovery of the sciences, social science and technology.

Positions: Weekend gallery assistant, student explores work with live animals, help visitors make crafts, special events. Minimum age: 14

NORTH LITTLE ROCK BOYS & GIRLS CLUB

1212 N. Maple, LR, 374-0309

Purpose: To provide leisure time, educational, social, recreational, and physical activities to youth.

Positions: Tutors to provide one-to-one assistance in reading, math, and other basic skills to elementary students. Coach youth in various sports. Minimum age: 14

OASIS RENEWAL CENTER

14913 Cooper Orbit, LR, 225-6890

Purpose: To offer meeting facilities and support groups as an interdenominational organization.

Positions: Front desk receptionists, restaurant servers, bookstore clerk, office duties, gift shop, befriend cancer patients. Minimum age: 15

OLD STATE HOUSE MUSEUM

300 W. Markham, LR, 324-9685

Purpose: To present exhibits, provide programs, and offer learning opportunities in the humanities.

Positions: Assist as a docent or with exhibits and collections. Minimum age: 14

PARTNERS FOR PINNACLE

11901 Pinnacle Valley, Roland, 868-5806

Purpose: To preserve and promote a natural environment and to enhance understanding and appreciation of the natural world.

Positions: Trail guides, build or inspect birdhouses, maintain the arboretum, make crafts, inventory bird and wildlife populations. Minimum age: 14

RIVERFEST

Riverfront Park on Memorial Day weekend, LR, 255-3378

Purpose: To provide an outdoor festival for the visual and performing arts with proceeds benefiting the city.

Positions: Variety of shifts and positions available for individuals and groups (of all sizes). Minimum age: 14



RONALD MCDONALD HOUSE

1009 Wolfe St., LR, 374-1956

Purpose: To offer lodging to families with seriously ill, hospitalized children.

Positions: Greet people in person and on phone, data entry, take referrals, help with mailings, visit residents, prepare meals, do lawn work, help with housekeeping. Minimum age: 14

SOUTHWEST HOSPITAL

11401 I-30, LR, 445-7073

Purpose: To provide healthcare.

Positions: Help with large mail outs, greet and escort patients and guests, gift shop, deliver papers and flowers to patients, office duties. Minimum age: 14

ST. VINCENT REHABILITATION HOSPITAL

2215 Wildwood, Sherwood, 552-7121

Purpose: To improve the quality of life for people with disabling illnesses or accidents.

Positions: Assist nurses with patients, physical, occupational, recreational, pet therapy, and clerical duties. Minimum age: 14

STEW POT (FIRST PRESBYTERIAN CHURCH)

800 Scott St., LR, 372-1804

Purpose: To provide free meals and healthcare.

Positions: Cook and serve food. Minimum age: 14

VOLUNTEER CENTER

516 W. Pershing, NLR, 376-4567

Purpose: To promote volunteerism and serve as a liaison between organizations and individuals wanting to volunteer.

Positions: General office assistance and data entry, learn and tell others about volunteer opportunities in Pulaski County. Minimum age: 14

VETERANS ADMINISTRATION MEDICAL CENTER

2200 Ft. Roots Dr., NLR; 4300 W. 7th, LR, 257-3288

Purpose: To provide health care to veterans.

Positions: Serve veterans through the Silver Spoons Program, offer general office support. Minimum age: 14 in LR, and 13 in NLR.

“It is when we forget ourselves that we do things
that are remembered.”
-Eugene P. Bertin

YOUTH HOME, INC

20400 Colonel Glenn, LR, 821-5500

Purpose: To help emotionally troubled youth and families by providing mental health services.

Positions: Thrift shop, plan monthly/annual events, wrap or pickup and deliver gifts. Minimum age: 14

Minimum Age 16-17

ARKANSAS DISABILITY COALITION

1123 S. University, LR, 614-7020

Purpose: To be advocates for people with disabilities, parent support, and information network.

Positions: Plan and work at conventions, present programs to schools, public relations, and data entry.

Minimum age: 16

ARKANSAS EDUCATIONAL TELEVISION NETWORK (AETN)

Sesame St. at Donaghey Ave., Conway, 682-4159

Purpose: To provide educational programming and services.

Positions: Answer phones, greeters and hosts during membership campaigns, operate a camera and other technical equipment, clerical. Minimum age: 16

ARKANSAS 4-H, STATE OFFICE

2301 S. University, LR 671-2059

Purpose: Provide adventure based, hands-on opportunity for young people.

Positions: Develop programs and conferences, clerical, electronic newsletter, instructors, recreational assistants, fundraisers, promoters.

Minimum age: 16

**ARKANSAS HEART HOSPITAL**

1701 S. Shackleford, LR, 219-7305

Purpose: Diagnosis and treatment of cardiovascular disease.

Positions: Gift shop, deliver mail and flowers, office work. Minimum age: 16

ARKANSAS REPERTORY THEATRE

6th and Main, LR, 378-0405 (ext. 124)

Purpose: To entertain and challenge audiences, forum for artists, educational outreach.

Positions: Usher, prop assistant, set striker, photographer, script reader, poster distributor, fund raiser, art work assistant, student matinee, special events. Minimum age: 16 (12 with parent)

ARKANSAS SPECIAL OLYMPICS

2115 Main St., NLR, 771-0222

Purpose: To provide athletic competitions and training for special people.

Positions: Receptionist, light typing, help with the sports trophy office. Minimum age: 16

ARKANSAS SPINAL CORD COMMISSION

1501 N. University, LR, 296-1788

Purpose: To identify and meet the needs of people with spinal cord disabilities.

Positions: Wheel chair repairs, delivery, cataloging, respond to information requests. Minimum age: 16

BIG BROTHERS BIG SISTERS OF CENTRAL ARKANSAS

628 W. Broadway, St 102, NLR, AR, 374-6661

Purpose: To make a positive difference in the lives of youth.

Positions: School-based mentors, one hour a week. Minimum age: 16

FAMILY LIFE

3900 N. Rodney Parham, LR, 228-2579

Purpose: To teach biblical principals about marriage and family through conferences, radio and printed material.

Positions: Bookstore, catalog orders, data entry, office duties. Minimum age: 16

FLORENCE CRITTENTON FAMILY MINISTRIES

3600 W. 11th., LR, 663-3129

Purpose: To provide treatment-oriented residential care for unmarried mothers-to-be.

Positions: Yard work, minor house repairs and more.

Minimum age: 16

FRIENDSHIP COMMUNITY CARE, INC.

920 University, LR 800-461-1793

Purpose: Committed to improving the quality of life of the individuals we serve. Deliver the highest quality care and most cost-effective services in Arkansas.

Positions: Numerous types of volunteer opportunities depending on the need of the group and the agencies needs at the time. Call for more information.



HEIFER PROJECT INTERNATIONAL

#1 World Avenue, LR 907-2600

Purpose: Uses livestock and environmental training as a catalyst for worldwide change.

Positions: Assist with office duties and various special event booths - Riverfest, Worldfest, Little Rock Zoo, churches, and schools. Minimum age: 17

HUMANE SOCIETY OF PULASKI COUNTY

14600 Colonel Glenn Rd., LR, 227-6166

Purpose: Provide shelter, medical help and homes for unwanted and abused animals.

Positions: Groom, care for, transport, walk, feed animals, clean kennels, food drives, data entry, lawn work, foster care homes. Minimum age: 16 (12 if accompanied by an adult).

“ No act of kindness, no matter how small, is ever wasted” Aesop

JACKSONVILLE BOYS & GIRLS CLUB

1 Boys Club Drive, Jacksonville, 982-4316

Purpose: To provide constructive activities in arts, education, recreation and sports for youth.

Positions: Coaches for various sports, tutors, arts and crafts instructors, teach leadership skills.

Minimum age: 16

KLRE/KUAR PUBLIC RADIO

2801 S. University, LR, 569-8485

Purpose: To stimulate listeners intellectually and emotionally, serve the community.

Positions: Phone bank, clerical volunteer coordinator, special events - September is annual meeting, October and April are fundraisers. Minimum age: 16

KALEIDOSCOPE KIDS

Purpose: To provide compassionate end-of-life care for all ages through a combination of medical, social, spiritual and educational programs.

Positions: Help in the Hospice Thrift Store and other programs such as: Angels in the Attic, Kaleidoscope Kids, Caregiver Support Group and other special events. Minimum age: 16

LEARNING DISABILITIES ASSOCIATION

7509 Cantrell, LR, 666-8777

Purpose: To provide current information on learning disabilities.

Positions: Special event volunteers in October for an annual conference, in the Fall for Junior Department Club, and in the Spring for Celebrating Disabilities. Minimum age: 16

LIONS WORLD SERVICES FOR THE BLIND

2811 Fair Park Blvd., LR, 664-7100

Purpose: To assist blind people to live independently through vocational training and independent living skills.

Positions: Recreation assistants on and off campus, read to clients, office duties, crafts, kitchen.

Minimum age: 16

LITTLE ROCK SCHOOL DISTRICT HOMELESS EDUCATION PROGRAM

810 W. Markham, LR, 447-2988

Purpose: To assist with enrollment, transportation, school supplies, etc, in order to promote the enrollment, attendance, and success of homeless children and youth in the Little Rock School District.

Positions: Tutoring students, assist/chaperone field trips, mentoring, help with fundraising, answer/screening of calls, and clerical duties. Minimum age: 16

MARCH OF DIMES

1501 N. Peirce, LR 663-3100

Purpose: To improve the health of babies by preventing birth defects and infant mortality.

Positions: Office help. Minimum age: 16

MUSCULAR DYSTROPHY ASSOCIATION

204 Executive Ct. Ste 208, LR 227-7098

Purpose: Association dedicated to conquering neuromuscular diseases that affect more than a million Americans.

Positions: Helping with fundraising events, answering phones, filing, and creating fundraiser packages.

NLR MAYOR'S OFFICE OF VOLUNTEER INFORMATION

3427 Magnolia Street, NLR, 791-8516

Purpose: The City supports and encourages the spirit of volunteer service in city government.

Positions: Vacancies range from routine clerical to highly skilled technical tasks. Minimum age: 16

OUR CLUB

Various locations in Pulaski County, Main Office: 201 S. Broadway, Ste. 220, LR, 340-8250

Purpose: provide a safe environment where students improve their grades, learn community service, and develop socially and culturally.

Positions: Mentor/tutor youth. Minimum age: 17

PROSECUTOR’S VOLUNTEERS FOR VICTIM’S PROGRAM

122 S. Broadway, LR 340-8000

Purpose: Provide support and information to people victimized by crime as they proceed through our court system.

Positions: Assist with filing criminal charges, help victims in courtrooms on trial days, hot check processing, office duties. Courtroom experience not necessary. Minimum age: 16

PULASKI COUNTY REGIONAL SOLID WASTE MANAGEMENT DISTRICT

410 W. 3rd, Ste 210, LR 340-8787

Purpose: To promote waste reduction, recycling and environmental educations.

Positions: Special events, education, litter pick up, special collections, classroom presentations.

SAFE PLACES

2607 Lehigh Drive, LR 374-7233

Purpose: Provide services for children exposed to violence, trauma counseling for individuals and families; support groups for victims, family and friends; criminal justice advocacy; community education on violence prevention; specialized training for faith communities; spiritual care; referral services and information.

Positions: Volunteer advocates, prevention group facilitators, bilingual advocates, general office help, court watch, help on boards or committees, fundraising, and mentoring youth.

SALVATION ARMY

1111 W. Markham, LR, 374-9296; 1508 W. 18th, NLR, 758-7297; 209 S. Oak, LR, 985-1331

Purpose: To provide emergency aid to people in need.

Positions: In August, help provide clothes and school supplies, in November and December, help with the Holiday Dinners and Angel Tree. Serve dinner (available every day) at 4:15 p.m. Minimum age: 16

SHERMAN PARK COMMUNITY DEVELOPMENT

1201 E. 4th 372-4050

Purpose: Provide community development through creation of home ownership and personal development of neighborhood residents.

Positions: Tutor/mentors for after school program, help with real estate issues and grant writing. Minimum age: 16



ST. FRANCIS HOUSE

2701 Elm St., LR 664-5036

Purpose: To provide material assistance to the disadvantaged, and help them become self-reliant.

Positions: Mentor/tutor youth and parents, childcare aids, distribute food, sort clothing, receptionist, clerical duties. Minimum age: 16

ST. VINCENT HEALTH SYSTEM VOLUNTEER PROGRAM

6101 St. Vincent Circle, LR, 603-6862

Purpose: To provide volunteer support to the hospital and the patients they serve.

Positions: Assist staff and patients, clerical help, transportation, gift shop help, visiting with patients. Minimum age: 16

UALR CHILDREN INTERNATIONAL

2510 Fair Park, LR, 565-5541

Purpose: To provide an after-school and Saturday learning experience for K-6 students, help publish neighborhood newsletter, coordinate job training program for adults, deliver meals.

Positions: Book Buddies - tutoring and reading program for students K-2nd grade. Minimum age: 16

UNITED CEREBRAL PALSY

9720 N. Rodney Parham, LR, 224-6067

Purpose: To advance and enhance the independence of people with disabilities.

Positions: Assist clients learning life skills, with special events, or with general office duties. Minimum age: 16

A farmer had some puppies he needed to sell. He painted a sign advertising the pups and set about nailing it to a post on the edge of his yard. As he was driving the last nail into the post, he felt a tug on his overalls. He looked down into the eyes of a little boy.

“Mister,” he said, “I want to buy one of your puppies”.

“Well”, said the farmer, as he rubbed the sweat off the back of his neck, “these puppies come from fine parents and cost a good deal of money”.

The boy dropped his head for a moment. Then reaching deep into his pocket, he pulled out a handful of change and held it up to the farmer. “I’ve got thirty-nine cents. Is that enough to take a look?”

“Sure”, said the farmer. And with that he let out a whistle. “Here Dolly!” he called. Out from the doghouse and down the ramp ran Dolly followed by seven little balls of fur.

The boy pressed his face against the chain link fence. His eyes danced with delight. As the dogs made their way to the fence, the little boy noticed something stirring inside the doghouse. Slowly another little ball appeared, this one noticeably smaller. Down the ramp it slid. Then in a somewhat awkward manner, the little pup began hobbling toward the others, doing its best to catch up.

“I want that one,” the little boy said, pointing to the runt. The farmer knelt down at the boy’s side and said, “Son, you don’t want that puppy. He will never be able to run and play with you like these other dogs would.”

With that the little boy stepped back from the fence, reached down, and began rolling up one leg of his trousers. In doing so he revealed a steel brace running down both sides of his leg, attaching itself to a special shoe. Looking back up at the farmer, he said, “You see sir, I don’t run too well myself, and he will need someone who understands.”

With tears in his eyes, the farmer reached down and picked up the little pup. Holding it carefully he handed it to the little boy.

“How much?” asked the little boy. “No charge,” answered the farmer, “There is no charge for love.”

The world is full of people who need someone who understands.
Show someone you understand..... Volunteer!



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Questions to ask and what to look for in an agency when you are wanting to volunteer....

- * Is there an issue that especially interests you (the homeless, literacy, working with the elderly, etc.)
- * Is there something you enjoy, a hobby or interest area, that you can share with others?
- * Can the agency provide a position/job description (written detail of what they want you to do) so you know exactly what is expected?
- * Can the agency utilize your time and skills effectively?
- * Does the agency offer an orientation, training, and materials about their services?
- * Does the agency understand your expectations?
- * Is school credit given for your volunteer work at a particular agency?
- * Unpaid doesn't mean unprofessional. If you make a commitment to volunteering with an agency be sure to have fun, in addition be sure to do your best work.

Be selective!

A good match benefits the agency and you!

Call the Volunteer Center if you have questions!

501-376-4567

Notes

VOLUNTEER TO MAKE A DIFFERENCE!



THIS BOOK IS PROVIDED BY THE

VOLUNTEER CENTER

A SERVICE OF THE HEART OF ARKANSAS UNITED WAY

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